College Application Essay Examples 500 words

Evaluate a significant experience, achievement, risk you have taken, or ethical dilemma you have faced and its impact on you (500 word limit).

A misplaced foot on the accelerator instead of the brakes made me the victim of someone's careless mistake. Rushing through the dark streets of my hometown in an ambulance, I attempted to hold back my tears while two supportive Emergency Medical Technicians (EMTs) comforted me. Although I suffered a minor knee injury, the trauma of that accident still lingers.

Fast forward six years to the present. Now I am sitting in the back of the ambulance, a rookie EMT, with my purple gloves on, stethoscope around my neck, and a red medical bag in hand. I am also making sure we have the proper medical equipment stocked, including neck collars and long body boards.

As I step out of the ambulance, a bitter breeze nips at my face. Shattered glass, two crushed car hoods, and traffic everywhere, the scene is put into perspective as I can finally see what is happening. I stop in my tracks. It is my accident all over again.

"Get the collars and boards, there is a possible back injury," my partner whispers to me. I fetch the items, still attempting to deal with my conflicting emotions. Using the help of five other EMTs, we extricate the victim from the car and secure him to the stretcher. While in the ambulance, I realize now that circumstances have been reversed. This time, clutching the patient's hand, I tried to soothe him, and he slowly calms down. I keep my composure and actively tried to help the patient feel as comfortable as I did. Keeping all of his personal belongings close to me, we wheel him into the busy emergency room and transfer him safely. As we leave, he looked into my eyes and I could feel his sincere gratitude. Rather than being an innocent victim, like the current patient was, I am now the rescuer.

Even though I felt the horrid memories rushing back, I kept my duties as a rescuer in the forefront of my mind. Keeping my cool in the face of extreme pressure I came out of the call a changed person: someone who can see a problem, regardless of any bias I may have, and focus only on what is happening at that instant. Confidently facing my own terrors, I felt as if conquering my fears allowed me to face my duties with a grounded and compassionate outlook.

Tears stream, limbs hurt, children cry: I am there, with a smile on my face, a stethoscope around my neck, compassion in my heart, happy to help and proud to serve.